



Tips to Remember for Your Congressional Meeting:

This is intended for you. Please do not give to Congressional staff.

- ✓ Remember to tell them what installation you work for in what city.
- ✓ Tell them what you do for their constituents.
- ✓ Remember to tell them if you are a veteran.
- ✓ Remind them that 637,000 veterans work in civilian federal jobs.
- ✓ Remind them that 85% of us live and work outside of Washington, D.C.
- ✓ Remind them that \$246 billion has already been taken from federal employees for deficit reduction since 2011.
- ✓ Stay on topic.
- ✓ It's ok to say "I don't know". You can always direct them to the AFGE Legislative Department.
- ✓ Never leave the office without making a specific request.
- ✓ Don't talk about elections.
- ✓ Report back on your Congressional visit through the app.

To learn more about the federal workers in your state or District please contact AFGE at afgelegislativedepartment@afge.org.