

AFGE



Tips to Remember for Your Congressional Meeting:

- ✓ Remember to tell them what installation you work for in what city
- ✓ Tell them what you do for their constituents
- ✓ Remember to tell them if you are a veteran
- ✓ Remind them that 623,000 veterans work in civilian federal jobs
- ✓ Remind them that 85% of us live and work outside of Washington, D.C.
- ✓ Remind them that federal employees have already sacrificed 182 billion dollars for deficit reduction since 2011
- ✓ Stay on topic
- ✓ It's ok to say "I don't know", you can always direct them to the Legislative Department
- ✓ Never leave the office without making the ask
- ✓ Don't talk about elections
- ✓ Report back on your congressional visit through the app

To learn more about the federal workers in your state or District please contact AFGE at afgelegislatedepartment@afge.org.